Engaging University Employees Through Intramural Sports

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Learning Outcomes

- To understand the importance of engaging University employees
- To develop ideas on improving employee wellness on campus in creative ways
- To learn how to turn employee leagues & events into traditions
Drexel University

- Philadelphia, PA
- 15,000 undergraduate students
- 25,000 students in total
- Co-op school
- 5,000 employees
- Recreation & Varsity facility locations
The Third Place

- Ray Oldenburg, Author
- 8 Characteristics
  1. Neutral Ground
  2. Leveler
  3. Conversation is Main Activity
  4. Accessibility & Accommodation
  5. The Regulars
  6. A Low Profile
  7. The Mood is Playful
  8. A Home Away from Home
A Healthier U

A Healthier U is a comprehensive, campus-wide wellness program aimed at improving the physical, emotional and financial well-being of all Drexel University and Drexel University College of Medicine students and employees. The goal of this program is to foster a healthy, positive and productive campus environment for those who live, learn and work at Drexel.
Recreational Programming

- Intramural Sports
  - Employee Olympics
  - One-day events
  - League sports
  - Employee Appreciation Fest
- Employee-only Group Exercise
- Walking Club
- Rec Center membership incentives
Employee Olympics

• Creating an annual tradition around sport
• Receiving support from Administration
• Collaborating and involving campus partners & “champions”
• Having a wide range of sporting events
Continuing Traditions

- One-day tournament & events
- League Sports
- Qualifying matches
- Sport & Social Leagues
- Involvement in campus events
Employee Engagement

- Open Discussion